SOAP
Student Checklist

We have every confidence that everyone will match, however, it is best to be prepared. Past experiences have shown us that the prepared student gets through not matching a lot better than the unprepared.

What should you do to prepare for SOAP?

✓ Visit NRMP SOAP info http://www.nrmp.org/residency/soap/
✓ Have a general plan on what you intend to do should you not match. Complete this sentence, “Should I not match, I will...” (go through SOAP for a categorical or advanced position in my chosen field, go through SOAP for a preliminary surgery or medicine position, not participate in SOAP and defer residency for one year and re-enter the match next year and/or independently find a residency position for myself outside the match once I graduate, etc...)
✓ Meet with advisor, mentor and/or contacts in chosen specialty and discuss what the best option for you is should you not match. Also ask them to assist you should you need it. Begin recruiting these individuals now! And meet with them prior to soap to formulate a strategy and discuss your best options should you not match.
✓ Confirm that the information in your Profile in MyERAS is up-to-date
✓ Look over your Personal Statement to see if I should create a new one for SOAP, and have entered this new PS into MyERAS. For example, if you decide to go through SOAP you may have to select a different specialty then what your original personal statement discussed.

Resources
Residency information page at http://www.meded.umn.edu/residency/

NRMP at http://www.nrmp.org/

NRMP SOAP info http://www.nrmp.org/residency/soap/

Visit the match week schedule for precise times of each round: http://snipurl.com/2014_match_week_schedule