What criteria are used to select residents or what makes a competitive applicant?

- Must pass USMLE Step I on first attempt
- Honors in Ob/GYN Clerkship is a plus and especially important in sub internships
- Must do a sub internship to be competitive
- Research experience is not necessary but adds to the application
- Active participation in a student interest group, ACOG, or other Ob/Gyn society
To be a more competitive applicant?

- Research – Not important but will make a more competitive candidate
- Joining ACOG is a must – This is FREE
- Sub internship in MFM or Oncology

A day in the life of:

- Resident
  - Hours – Work week in our program is 62
  - Call – Most programs use Night Float Rotations to reduce call burden
- Doctor
  - Most physicians in private practice work 4 days per week with the day post call off.
  - Many work part-time in large practices
  - The OB Hospitalist is an increasing option for a practice
How many years of training are required?

- How long is residency – 4 years
- Is a prelim year required - No
- What fellowships / subspecialties can a resident go into
  - Oncology – 3 years
  - Reproductive Endocrinology and Infertility- 3 years
  - Maternal-Fetal Medicine – 3 years
  - Female Pelvic Medicine and Reconstructive Surgery – 3 years
  - Minimally Invasive Surgery– 1 year
  - Family Planning – 2 years

To find out more about specialty

- Contact
  - Department Head – Linda Carson (carso001@umn.edu)
  - Residency Director – Phillip Rauk (raukx004@umn.edu)
  - Clerkship Director – Tammy Pederson (peder004@umn.edu)
- Recommended books, websites – ACOG, CREOG, APGO
- Societies –ACOG and APGO
- Journals – American J Ob Gyn, Obstet Gynecol
- Student interest groups – OB/GYN at U of MN